

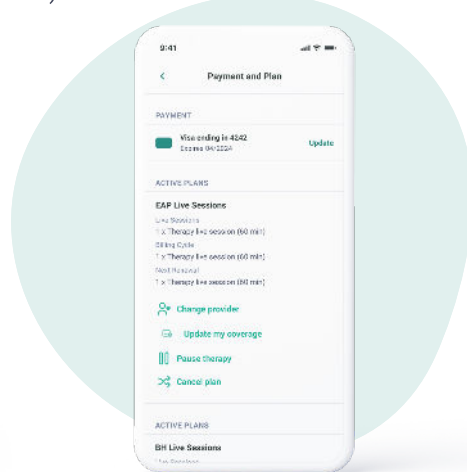
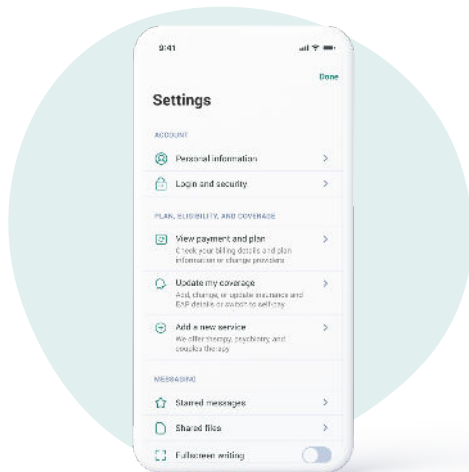
Keep your Talkspace therapist, change how you pay

If you've clicked with a Talkspace provider, we want you to keep making progress toward your therapy goals. So we've made it easy to switch payment methods while keeping the same provider.

Whether your therapy has been covered through an Employee Assistance Program or your insurance, or you've paid out-of-pocket, you can easily change payment types any time.

Here's how:

1. Log in to Talkspace and go to Settings from the mobile app or your computer and select **"Update my coverage"**.
2. Indicate how you will pay for therapy going forward (with insurance, through an Employee Assistance Program, or out-of-pocket).



3. You'll be asked to share some information so we can verify the details.
4. Once you've switched payment methods your therapy will take place in a new room, but with your same provider. Your prior message exchanges with your therapist will remain in your old room if you want to revisit them.

