

Leading Through the Fire: Cultivating Resilience, Clarity & Strength in Challenging Times

Join world-renowned professor Jeremy Hunter, Ph.D., a pioneer in personal transformation and leadership, for this powerful one-hour webinar.

Drawing from both his extensive research and profound personal experience with the LA wildfires, Dr. Hunter will share essential strategies for:

- Managing overwhelm and regulating your nervous system
- Building capacity to handle ongoing crisis
- Strengthening emotional agility for better decisions
- Leading with confidence and compassion



Host:
Deb Smolensky
National Practice Leader, Vitality and
Wellbeing Solutions
NFP



Presenter:
Jeremy Hunter, PhD, Founding Director
and Professor of Practice
Executive Mind Leadership Institute



Register Here

Tuesday, February 25
1:00 p.m. ET | 60 Minute Free Virtual Event

This session is designed for anyone seeking to navigate uncertainty with greater resilience and purpose.

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